

ASAP Board Meeting Minutes
June 16, 2006
@ Memorial Hall, North Calais



Each Board member received a picture of ASAP Board with Gov. Douglas @ 2005 VT Sub. Abuse Conference, clipboards and fun paper for all, January and April 06 minutes, an agenda and Youth Risk Behavior Survey (YRBS) questions from Carol Rose.

In attendance were: Carol Rose, Kyle Bouchard, Joel Rosinsky, Sue Roberts, Deb Wucik, Lynn Butler-Dube, Joyce Anderson, Patty Baroudi, Sue Bachorik, Bill Mazur, Mark Floyd and Debby Haskins. Dawn Poitras sent her regrets.

Carol Rose asked us what questions we would like to add to the YRBS.

#1 choice: Have you ever taken a prescription drug such as Ritalin/Oxy/Vicadin, etc. w/out a prescription?

#2 choice: Self harm

#3 choice: Dating/ violence-hit, slap etc

High-energy drinks-should go on Youth Health Survey

#3 choice: Given or received oral sex---???Discussed rainbow parties and concerns that M.S. were involved in this, but it maybe a very touchy question.

Sunscreen-should go on Youth Health Survey

What about a question on gambling, maybe

10:40 introduction of all present

A lengthy discussion of Mental health/school based clinicians and Sap's working together ensued, we discussed the adolescent treatment grant and the direction that ADAP is taking. Should the schools own the SAP position or the agencies own them?

Make Sap's a school-based program

Recommendations from the Association: a unanimous decision that SAP \$ goes to the schools and in their control and NOT through agencies

Deb Haskins will send out a statement to all Sap's with our position and ask if folks agree or not. (I'll put it in the newsletter).

Debby recently was on a panel at Springfield College presenting their new addictions course. While there the Dean gave her a book chocked full of grants, to be written for and a contact for an individual who can take our data and consolidate it to be something meaningful and useful, Dr. Bob Finkel. Debby will be contacting him to follow through.

Two of our Board goals are:

1. Find alternative funds rather than just ADAP monies (hence the grant book mentioned above) and
2. Get our current data in a more user friendly form.

Where does treatment work best for adolescents? Look at research
Would treatment work in schools? Where is the research. Debby will contact
Washington State and Michael McAdoo has some information.

ICRC adolescent certification in this new grant \$9m with training \$'s

Substance abuse conference-Oct 2006, now called the VT Addiction's Conference, Oct. 18,19 & 20th. Still negotiating with Lake Morey for room rates. \$100 per day, \$270 for 3 days, SAP pays for 1st day-registrations can be electronically sent to two-boys@adelphia.net Tobacco coordinators can have 2nd day paid for. No ADAP funding. Our next strategic Board meeting will be during Oct conference to be at 3:30, probably 4:00 ish. Suggestion for conference theme: Staying connected.

Wed. is sponsored by ASAP with Dr. Carl Erickson
Thur is sponsored by Tobacco with Dr. Terry Tafoya
Friday is sponsored by Valley Vista with Rokelle Lerner.

Mason's training offered in Spring 2007.
Dept of Ed working on ACT 51 Recertification for teachers to be a requirement.

We spent considerable time discussing:

Where would you like SAP model to go and how would you like it to look?
More independent-not part of an agency (5013c) we already are
(Win Turner once wrote a grant to equip each SAP with a lap top, didn't get the grant
Examine other sources, approach DELL or Apple, though how would we manage who has what.)

Have an SAP in all schools, elem, middle and high school full time

Raise awareness of Sap's to the public i.e.: newspapers, community papers, business.
There is a network of individuals an SAP needs to have to aid them in their work.

Does Deb need to meet with Supervisory union; principals and SAP once grant money has been disseminated, to reinforce the job of the SAP in school. YES, it's part of her job.

Do we want Sap's in elem schools? YES

Who is up for election? We amended the process awhile back and are not rotating officers yet. Kyle has agreed to the Presidents role again, he is currently filling in Mark's term and would be up for reelection this October. Are we stable as a board? We've grown, we need Liability insurance, need for federal grant funds, retain an attorney for legal questions etc.

Deb recently purchased a ACECAD (888-921-8868, email: sales@solidtekusa.com) steno pad with special pen for \$199, you take notes on regular paper and then download them into your computer, with the software it can change it to a word document and then be edited. (Of note, I have used it once and you must write very legibly or it comes up with some mysterious word.)

Nancy Remson-Free Press in Montpelier, a reporter doing stories around gambling, Debby will contact her to do an article on SAP's this fall.

No president's report, Dept of Education, Carol had to leave early b/c of her grandson Simon's fever. (He is doing well.)
ADAP's new health commissioner to be named shortly.

Newsletters-do we want them? Electronic or hard copy- Yes, ADAP is still willing to send these out and it may increase reader/counselor participation.

Ask Jim Bellino, can we count hits on the web page? And list job postings, a few positions are available. {Please note that jobs are now posted, and I am working on the hits/information about who and how many times someone visits our site. Will also add Board minutes and newsletter buttons.}

Dues are still \$50-Deb's assistant will send invoices to schools or agencies (seems to be a better red flag) to all. It will be the counselors' responsibility to contact their agency for reimbursement.

Do we want to stay with quarterly meetings? Yes. Central VT location. Third Thursday, 3:30-5:00 pm. Tentative meeting

2006: October 18th at Lake Morey.

2007 tentative date:

January 21st, unless we have a snow storm.

April 19th- unless this is during school vacation

June 21st- strategic retreat, someplace nice....North Calais again???

Oct. 17th-perhaps at the annual conference.